

How to Wash Your Hands

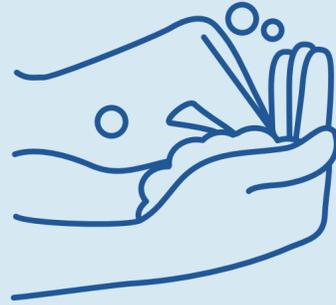
Using Soap and Water

#1



Wet your hands.

#2



Put soap on the palm of one hand.

#3



Rub and scrub your palms, your fingers, and the back of your hands thoroughly.

#4



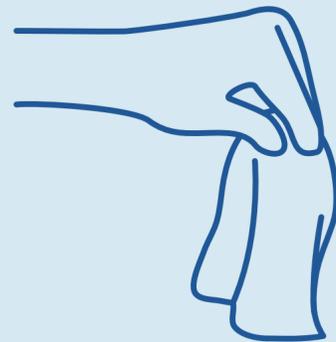
Wash your hands for 20 seconds. Rinse well.

#5



Dry your hands with a paper towel.

#6



Turn off the faucet using a paper towel.